

# Hot Chocolate and the Maya

Between 900 BC and 250 BC, the Maya civilization in Mexico and Central America used ground cacao (chocolate) to make a spicy hot chocolate drink. This drink was used in rituals and ceremonies. Do you think you would enjoy it?

## Ingredients

3 tablespoons cocoa powder

1 cup

1 teaspoon ground cinnamon

Pinch chilli powder



1. Mix the dry ingredients in a mug.
2. Heat the milk slowly until it is frothy. (Always be careful and ask for adult help.)
3. Add the milk to the mug and mix well.
4. Serve and enjoy!

# Quick Questions



1. What was used to make hot chocolate in ancient Mayan times?

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2. Find two words that mean **celebrations** or **occasions**.

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3. The word rich has been used twice. Can you explain the two different meanings?

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4. Do you think you would enjoy this hot chocolate? Why?

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# Quick Questions



1. What was used to make hot chocolate in ancient Mayan times?

**Ground cacao**



2. Find two words that mean **celebrations** or **occasions**. **Rituals, ceremonies**



3. The word rich has been used twice. Can you explain the two different meanings?

**Rich is used to mean having plenty of money and something full of flavor.**



4. Do you think you would enjoy this hot chocolate? Why?

**Answers will vary.**